

MUSTANG MAPS



POSSIBLE MODULES

- Anatomy & Cell Biology
- Biochemistry
- Epidemiology & Biostatistics
- Interdisciplinary Medical Sciences
- Medical Biophysics
- Medical Health Informatics
- Medical Sciences
- Microbiology & Immunology
- One Health
- Pathology & Laboratory Medicine
- Physiology & Pharmacology

Combined Degrees

• HBA (Ivey Business School)

The Bachelor of Medical Sciences (BMSc) Program at Western opens up an array of choices in the basic medical sciences.

You can take part in ground-breaking research contributing to the advancement of human health. Learn in engaging environments, build your skills and pursue your goals whether in industry, graduate school or professional programs such as medicine, dentistry, optometry or pharmacy.

BUILDING YOUR EXPERIENCE



Check the <u>Academic Calendar</u> and review your module requirements



Discuss your progression and future goals with an **Academic Advisor**



Talk to a <u>Career Educator</u> about your steps after Western in terms of further education, career goals, certifications, and more.



Get the experience you need through opportunities at Western using Mustang Maps and the **Experience Catalogue!**

ABOUT THIS MAP

This map can be used to plan your journey through your undergraduate degree. You can create your own custom map at **mustangmaps.uwo.ca**.



BACHELOR OF MEDICAL SCIENCES

FIRST YEAR

MIDDLE YEARS

FINAL YEAR

· Find a summer or part-time job and update your resume

· Visit the PAL Centre for help with

Think about summer or research

Learn about entrepreneurship

through campus clubs

Science students

Education Centre

abroad

opportunities. Consider doing them

Educate vourself about the services

provided by the Academic Counselling

Office for Science and Basic Medical

Learn how to communicate better at

· Check out International Week events

Explore scholarships and funding for international opportunities

Engage with a club focused on cultural

Participate in a summer program

Learn more about mental health

resources through the Wellness

the Writing Support Centre

Look into future internships

course work

abroad

- Visit the Volunteer or Leadership Fairs
- Explore the many opportunities with Western Sport & Recreation
- Look into Medical Science scholarships and awards
- Consider opportunities after graduation
- Explore graduate programs in the medical sciences at Western
- Talk to a Career Educator about putting your degree into practice

Conference on Healthcare

Participate in Hack Western, SheHacks,

or the Proteus Innovation Competition

Expand your understanding of Mental

Writing Support Centre or Learning

Check out drop-in recreation and/or

Honors Specialization students in IMS

should consider first-term exchanges in

Develop academic skills at the

Development & Success

intramural opportunities

plan in Year 2

Year 4 at VUMc.

Health issues through online learning

research award

- OPPORTUNITY Attend the <u>Canadian Undergraduate</u> Participate in the Undergraduate Science Case Competition
 Look for research opportunities and apply for an undergraduate student
- The Current
- Solving Week
- Submit your coursework for an Undergraduate Award

Get support from the Peer Support

- Get involved with Active Minds Western
- Drop in to a Laura Evans Wellness Workshop
- **Explore Group Care and Workshops**
- Check out FRESH online nutrition resources

EXPLORE A YEAR-LONG INTERNSHIP · Go abroad in year 3. Review steps and

- Join Global Brigades Western Be an International Learning Ambass<u>ador</u>
- Participate in the World's Challenge
- Submit your Global and Intercultural **Engagement Honour requirements**

GLOBAL AND INTERCULTURAL ENGAGEMENT HONOUR (GIEH)

LEARNER

GLOBAL

FUTURE-

FOCUSED PLANNER

CRITICAL

THINKER

ADAPTABLE

PROBLEM SOLVER

- Attend Indigenous Awareness Week
- Join a USC Club or the Bachelor of Medical Sciences Association (BMSA) or the Science Students' Council Become a Western Peer Leader

and international interests

- Look into Impact Experience opportunities
- · Join Pre-Medical, Pre-Optometry, or Pre-Pharmacy societies on campus

Volunteer with the International &

For more opportunities, click here

Exchange Student Centre

- Be an Academic and Leadership Programmer in residence
- Be a Mustang fan at the many free sporting events
- · Explore volunteer opportunities with the Canadian Medical Hall of Fame
- Volunteer with Let's Talk Science
- Provide support with The Ronald McDonald House at Southwestern Ontario

COMMUNITY BUILDER

INNOVATIVE LEADER

- Attend workshops as part of the Learn to Lead Program
- Apply to be a residence or orientation student leader
- Explore leadership and work opportunities with the USC
- · Make a difference with Friends of Doctors Without Borders (MSF)
- Look into departmental clubs
- · Attend the Learn to Lead Summit
- Get safeTALK and/or ASIST trained
- · Be a peer mentor through the Leadership and Academic Mentorship Program

- Become a tutor at the PAL Center
- Consider becoming a Peer Writing
- Finish your requirements for the Learn to Lead Leadership Certificates

- Participate in an MMI Preparation Workshop
- Update your LinkedIn profile and connect with employers through information sessions and Career Fairs
- Apply to graduate school

Get published in the Western Undergraduate Research Journal or Compete in the Industry Problem

- Visit Propel for access to
- entrepreneurial mentorship

Hopefulness

- Self-confidence
- Resourcefulness

PROFESSIONAL

COMPETENCIES Engage in these opportunities to build competencies for your

Goal-orientation

Motivation

Curiosity

Reflection

Organization

Self-direction

Engagement

Creativity

Equity

- Global awareness
- Social responsibility

Authenticity

- Empathy
- Collaboration
- Self-awareness

Integrity

- Judgement
- Intercultural communication



PLACES TO CONNECT

Academic Support & Engagement
Careers & Experience
Indigenous Student Centre
Propel Entrepreneurship
Sport & Recreation
University Students' Council
Western International
Wellness & Well-being
Western Libraries

Remember, these maps are intended to outline experiences that you could do. They are meant to help you find ways to enrich and personalize your Western experience. You should explore the maps based on your goals and interests, while keeping in mind your own capacity and personal boundaries.



WESTERN'S THRIVING CAMPUS

We want you to thrive throughout your time here at Western. We aim to make every student feel they have a community in which they can discover their interests, and engage with new ideas and people.

Helping you engage in your learning through practical experiences is just a fraction of what we offer; we have a wide breadth of services designed to help you address the challenges you might face along the way, including academic and career advice, and mental health resources.



TRACKING YOUR EXPERIENCE

Exploring opportunities to enhance your learning doesn't end with Mustang Maps. As you participate in co-curricular experiences, consider these tools to track your engagement and articulate your transferrable skills:

<u>Western's Co-Curricular Record</u> helps you showcase your experiences outside of the classroom to potential employers and graduate schools.

STUDENT EXPERIENCE studentexperience@uwo.ca

FACULTY OF SCIENCE science@uwo.ca

BACHELOR OF MEDICAL SCIENCES PROGRAM bmsc@schulich.uwo.ca